

## AfterSchool Classes (ASC) Fall 2018

Dear Parents,

Welcome to the Fall 2018 programming for AfterSchool Classes at EBGIS!

In the line-up you will find some oldies but goodies and some amazing new classes.

To all our little and not so little Lego fans: we are back in business for Lego Engineering on Tuesdays!

Woodworking is back with a new teacher that lives on a boat, our Skateboarders will be able to rip it again at the skate park and the queen of Namaste! Suzanne Zuber will be back to spread a little Zen midweek.

Our registration procedures will be low tech this year: just email Claudia your course selection at [ccronin@ebgis.org](mailto:ccronin@ebgis.org) and you should receive a confirmation within 48 hours.

- Registration will start on Wednesday, August 22, 8am on a first come first serve basis and close on Monday, August 27, 2018 at 6pm.
- Courses will start the week September 4<sup>th</sup>, 2018 unless otherwise noted in the calendar.
- Payment will be added to your statement in September.

## Sports

Soccer Older		Grade 1 and up	Min enrollment 6	\$17 * 14 = \$238
Nitzan Yerovam	Sports Field	Mon 2-3pm	No class 10/15, 11/19, 12/17, 12/24, 12/31, 01/21	

Nitzan Yerovam of Soccer2gether has a vision of bringing people together and creating a sense of community through the great game of soccer. Classes are designed to help kids develop soccer skills as well as life skills through exercises and games that engage players in a variety of physical activities. The program focuses on instilling basic motor skills, soccer fundamentals, self-confidence, and the virtues of teamwork and cooperation in a relaxed, unhurried and personal environment.

Soccer Younger		PreK/K	Min enrollment 6	\$15 * 14 = \$210
Nitzan Yerovam	Sports Field	Mon 2-3pm	No class 10/15, 11/19, 12/17, 12/24, 12/31, 01/21	

See description above. This class will cater towards the skill level of our younger students.

Yoga Older		Grade 1 and up	Min enrollment 5	\$ 17 * 16 = \$272
Suzanne Zuber	Auditorium	Wed 2-3pm	No class 10/17, 11/21, 12/19, 12/16, 01/02	

Yoga means 'connection' in Sanskrit. Together as a team, we will connect to our inner superpowers, using yoga poses, breathing, and meditation games. For inspiration, we will look to Harry Potter, the Starwars Heroine Rey and more! Your kids will experiment with dynamic and resting poses like Downdog, Warrior, Handstand, Pigeon, Savasana and others of their choice. Besides discovering how we

can use each pose to help us feel better in different ways, we will have fun 'choreographing' our own creative flow. Kids will increase their strength, stamina, flexibility, mindfulness and tranquility. Taught in English and German.

Yoga Younger		PreK/K	Min enrollment 5	\$ 17 *16 = \$272
Suzanne Zuber	Auditorium	Wed 3-4pm	No class 10/17, 11/21, 12/19, 12/16, 01/02	

This playful class stimulates the imagination, body awareness and conscious breathing. Inspiration for our poses and movement will come from learning to tell our own life stories, ancient animal tales, and popular children's stories, ranging from *The Very Hungry Caterpillar* to *Bob the Builder*, to *The Jungle Book*. Kids will learn basic anatomical markers (kneecaps, hips, shoulders, etc.) and fun animal yoga poses like Downward Dog, Frog, and Butterfly. We might even go upside down, with help. We will begin to experiment with 'flowy yoga' linking poses and the breath in a homemade version of the sun-salutation as a way to create joy. Each class ends with a calming pose that lets us float away on our breath. Taught in German and English (tailored according to each child's language needs) to increase vocabulary about the body and movement in both languages.

Skateboarding		Grade 1 and up	Min enrollment 8	\$20 (total depends on confirmation of class, most likely around \$300)
GoSkate/Instructor to be tbd	Skate Park	Wed 3-4pm	No class 10/17, 11/21, 12/19, 12/26, 01/02	

This course accommodates beginners and more advanced skateboarders. From safety fundamentals, foot placement to learning how to ollie on a skateboard, this course covers it all.

Sportsclub		Grade 4 and up	Min enrollment 8	\$250
Bess Daubenmire	Sportsfield	Thu 3-4:30pm	No class 09/13, 10/18, 11/22, 12/13, 12/20, 12/27	

Our fabulous coach Bess will be back at it again this year! The course will start with Flag Football, then moving on to Basketball and Volleyball in the second semester.

Capoeira		PreK/K	Min 6	\$12 * 15 classes = \$180
Sereno Capoeira/Instructor tbd	Auditorium	Thu 3pm	No class 10/18, 11/22, 12/13, 12/20, 12/27	

The traditional Afro-Brazilian martial art-form of Capoeira builds strong children, adults, and community! By engaging in this practice, children will develop physical, emotional, and moral discipline and wellness. In the roda (Capoeira circle), participants learn the power of self-determination; develop empathy, teamwork and trust, and hone many life skills that will serve them well in all facets of life. A rigorous physical practice, Capoeira promotes strength, flexibility, coordination, and balance. At the same time, it sharpens participants' ability to focus, boosts their self-confidence.

We strive to create meaningful and rewarding learning experiences that will remain with the children for the rest of their lives, and encourage a culture of active non-violent citizens. Wearing comfortable clothing such as sport shorts and t-shirts is mandatory.

## Arts & Crafts & and other classes to keep your hands busy

Basteln – Arts and Crafts the German Way		Grade 1 and up	Min enrollment 6	\$20 * 15 classes = \$300
Birgit Gehrt	tbd	Mon 2pm	No class 10/15, 11/19, 12/17, 12/24, 12/31, 01/21	

Birgit Gehrt is an accomplished artist in her own right and has been teaching art and craft classes with the Berkeley Unified School District. Birgits' specialty is working with high end quality fiber and textiles with a preference to natural materials, which will be a main focus of this course, think weaving, sewing, knitting. Instructional language: Birgit is from Hamburg!

Gardening		K and up	Min enrollment 5	\$15 * 5 classes=\$75
Leslie Outhier	Outside	Tue 2pm	Five week session only at this point.	

Leslie Outhier will be back for another year of fruits, vegetables and tasty gardening adventures. The goal is to expand the butterfly garden area to establish a more centralized location for our gardening efforts. Leslie will need to have a medical procedure in October and we are looking to find somebody that can fill in her during her absence.

Cooking older		Grade 3 and up	Min. enrollment 6	\$25 * 15 classes=\$375
Harriett Trezevant	Kitchen	Thu 2pm	No class 10/18, 11/22, 12/13, 12/20, 12/27, 01/03	

Every day, each and every one of us embarks on our own taste adventure. Whether we share food together or eat alone, every bite is an opportunity to explore the world through flavor, texture, color, aroma, even sound.

Taste Adventures culinary programs offer:

Guided taste explorations, active hands on food preparation, using locally-sourced, organic ingredients whenever possible.

Cooking younger		Grade K, 1, 2	Min. enrollment 6	\$25 * 15 classes=\$375
Harriett Trezevant	Kitchen	Thu 3pm	No class 10/18, 11/22, 12/13, 12/20, 12/27, 01/03	

See above description. The class will cater towards the skill set of younger students.

Woodworking younger		Grade K,1,2	Min. enrollment 6 Max. 9	\$25 * 16 classes=\$400
Casey Nutt – Kids’ carpentry	Art Room	Thu 2pm	No class 10/18, 11/22, 12/13, 12/20, 12/27	

Casey Nutt has been teaching with kids’ carpentry for more than seven years and is the handpicked successor to our beloved Liz Lawhoun. Casey is a shipwright and holds a degree in wooden boat design/construction and restoration. He loves boats so much that he decided to actually live on one! The woodworking program is designed to teach girls! and boys - Kindergarten-6th grade - the safe-use of hand tools and general woodworking skills. Through a sequence of projects, the young carpenters gain the skill and competence to complete increasingly more complicated projects. From boats to bird feeders, doll furniture, clocks, games, airplanes, and many more,

the kids have a wide range of projects to choose from besides designing and building according to their own needs and imagination for the veteran carpenter.

Woodworking older		Grade 3 and up	Min. enrollment 6 Max. 9	\$25 * 16 classes=\$400
Casey Nutt	Art Room	Thu 3pm	No class 10/18, 11/22, 12/13, 12/20, 12/27	

See description above. This class will cater towards the skill set of our older students offering projects at a more complex level.

Lego Engineering STEM FUNDamentals		Grade K and up	Min enrollment 10 Max 16	\$19 * 16 classes=\$304
PlayWell Teknologies/Instructor tbd	tbd	Tue 2pm	No class: 10/16, 11/20, 12/18, 12/25, 01/01	

Level up your engineering skills with PlayWell Teknologies and thousands of Lego parts. Apply real world concepts in engineering, physics and architecture through engineer-designed projects such as Motorcycles, Aircraft Carriers, conveyor belts and rail racers. This class can be a lot of fun for **girls** as well!

Sticks and Stones: a Nature Based Art Class		PreK/K	Min enrollment 5	\$20 * 16 = \$320 + \$30 Material
Hoopla Education/Paul Wagner	Room 1	Tue 3pm	No class 10/18, 11/22, 12/13, 12/20, 12/27	

The goal of Sticks and Stones is for children to produce aesthetic works of art that they can be proud to share, and beautifully documenting the process of creation in a Children's Art Portfolio that will go home with them at the end. The course will teach children to use their imagination using natural materials such as stones, sticks, leaves, and empower them to create a world of possibilities available to them at any moment of the day, without the use of the latest action figure!

## Performing Arts and Literature

(Rock, not marching) Band		Grade 5 and up		\$250 for the semester
Sami Qreini/Greg Munson/Mike Walz	tbd	Fri 2pm	No class 10/19, 11/23, 12/14, 12/21, 12/28,	

Veteran school rockers Sami, Greg and Mike (parents) are passing on the baton to the rockers of the future! If you already play an instrument, or would like to work on your vocals, this is the place for you.

Theater AG		Grade 5 and up	\$200/semester
Martin Walter	Auditorium	Wed 3:45 - 5:15pm	No class 09/12, 10/17, 11/21, 12/19, 12/26, 01/02

Let's see what Master Theatrical Director Martin Walter can pull out of his hat this time: Goethe, Schiller, Brecht? Who knows? The class will decide collectively on a German-language play to rehearse and perform for the school community. In previous years, we have performed "Emil und die Detektive," "Wayside Story," "Momo" and "In 80 Tagen um die Welt."

German Literature		Grade 8 and up	\$300/semester
Martin Walter	tbd	Tue 5-6pm	Start of this class is September 18! No class 10/16, 11/20, 12/18, 12/25, 01/02

We will read exciting modern German stories and build German language skills through discussion and writing. As a highlight, we will welcome the famous German author Andreas Steinhöfel in Spring 2019 for a talk which will be prepared and moderated by the students.

German language enrichment program (DaZ)		Grade 1 - 4	Free for EBGIS students
Yvonne Hagemann	Room 4	Wed 2pm	

This program is aimed at Elementary school students with a focus on the use of the German language in a colorful mixture of little projects. From cooking traditional German recipes over arts and crafts and music, we will offer fun activities while playfully learning, extending and strengthening thematic vocabulary and language structures.

Especially learners of German as a second language are encouraged to participate in this program.  
Please note: During the regular school hours there will be additional, more academic support for German learners!

Green Team		Grade 4 - 8		Free for EBGIS students
Yvonne Hagemann	tbd	Thu 2pm	Every other week	

